



Kids Club at
Scottsdale Mountainside fitness
(480) 889-8889

M KIDS HOURS
M-F 7:30am -
8:30pm
Sat 8:00am -

February 2012

SUN	MON	TUE	WED	THUR	FRI	SAT	
		9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz <u>11:30-2:30 Lunch Bunch</u> 5:30 Dodge Ball	1 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 3:00p-6:30p <u>After school camp</u>	2 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz <u>11:30-2:30 Lunch Bunch</u> <u>3:30-4:00 Kids Yoga</u> 5:30 Dodge Ball	3 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 3:00p-6:30p <u>After school camp</u> 5:00-8:00 <u>FRIDAY NIGHT DINNER</u>	4	
5	6 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time <u>11:30-2:30 Lunch Bunch</u> 3:00p-6:30p <u>After school camp</u>	7 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz 5:30 Dodge Ball	8 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time <u>11:30-2:30 Lunch Bunch</u> 3:00p-6:30p <u>After school camp</u>	9 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz <u>3:30-4:00 Kids Yoga</u> 5:30 Dodge Ball	10 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time <u>11:30-2:30 Lunch Bunch</u> 3:00p-6:30p <u>After school camp</u> 5:00-8:00 <u>FRIDAY NIGHT DINNER</u>	11 4:30pm-9:00pm Parents Night Out 	
12	13 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 3:00p-6:30p <u>After school camp</u>	14 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz <u>11:30-2:30 Lunch Bunch</u> 5:30 Dodge Ball 4:00-8:30 <u>Valentines Day Dinner</u>	15 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 3:00p-6:30p <u>After school camp</u>	16 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz <u>11:30-2:30 Lunch Bunch</u> <u>3:30-4:00 Kids Yoga</u> 5:30 Dodge Ball	17 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 3:00p-6:30p <u>After school camp</u> 5:00-8:00 <u>FRIDAY NIGHT DINNER</u>	18	
19	20 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:00-12:30 or 12:30-4:00 <u>Presidents Day Camp</u> 9:30 Story Time <u>11:30-2:30 Lunch Bunch</u> 3:00p-6:30p <u>After school camp</u>	21 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz 5:30 Dodge Ball	22 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time <u>11:30-2:30 Lunch Bunch</u> 3:00p-6:30p <u>After school camp</u>	23 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 10:30-11:00 Fit Kidz <u>3:30-4:00 Kids Yoga</u> 5:30 Dodge Ball	24 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time <u>11:30-2:30 Lunch Bunch</u> 3:00p-6:30p <u>After school camp</u> 5:00-8:00 <u>FRIDAY NIGHT DINNER</u>	25	
26	27 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 9:30 Story Time 3:00p-6:30p <u>After school camp</u>	28 9:00-12:00 or 12:00-3:00 <u>Little kids Camp</u> 10:30-11:00 Fit Kidz 9:30 Story Time <u>11:30-2:30 Lunch Bunch</u> 5:30 Dodge Ball	29				

All underlined items are fee based, and members are allowed to leave the premises.

Free Programs	Description
Dodge Ball	Kids age 6 and up have fun running and get that energy out in this friendly game of Dodge ball. Please children must have tennis shoes,
Story Time	For all who would like to have a story read to them or join in on songs©
Fit Kids	Age-appropriate games and drills to foster a love of movement and exercise. Parental waiver required. Please children must have tennis shoes and be potty trained. Please sign up in childcare.
Fee Based Programs	Description
Lunch Bunch	For all ages. For the kids we provide a healthy wholesome lunch, games and a movie. For you 3 hours to fill how every you want. \$10.00 for first child; \$5.00 for each additional child. An extra hour can be purchased for \$5.00.
Friday night Dinner	Kids of all ages. For the kids we provide a healthy wholesome dinner, games or a movie. For you, 3 hours to fill how every you want. \$10.00 for first child; \$5.00 for each additional child.
Parents Night Out	For kids of all ages. For the kids we provide a pizza dinner, games, crafts and a movie. A fun filled 4 ½ hours for your kiddos!! \$25.00 for first child; \$10.00 for each additional child
Little Kids Camp	For the little ones 4 years old and under. Three hours of TLC for the children and three hours for you to some things done. \$10.00 for the first child; \$5.00 for each additional child. An extra hour can be purchased for \$5.00. No transfers or refunds.
Kids Yoga	For the children 5 and older, ½ hour classes for \$5.00 drop in fee or buy a punch card for \$30.00 and get 10 classes. THAT IS A 40% DISCOUNT! Meet in the childcare about 10 min. before class and we will take the kidos to our yoga studio! Taught by a certified yoga instructor
After school camp	. For all age groups. Three and a half hours of games, a movie or running off energy in the bounce house and we will feed them a snack. Monday Wednesday & Friday 3:00p- 6:30p. \$15.00 For the first child, \$5.00 for each additional child An extra hour can be purchased for \$5.00. No transfers or refunds.

Valentines Day Dinner	For kids of all ages. From 4:00 - 8:30 the children will have a Valentines Day craft and a special Valentines Day Dinner. \$25.00 for the first child and \$10.00 for each additional child. no transfers or refunds.
Presidents day	For kids 5 and older, from 9:00-12:30 or 12:30-4:00. The kids will have fun with a craft and some games. Please bring a snack and a drink for your child \$15.00 for the first child and \$5.00 for each additional child. An extra hour can be purchased for \$ 5.00 and no transfers or refunds.

